



Gaps Nutrition Consultancy

Ian Haldane

GAPS Associate, Education Facilitator

GAPS Workshops and Presentations

Ian has completed the GAPS Associate Training Program requirements set by 'GAPS Nutrition Consultancy' and was registered as a GAPS Associate Education Facilitator in February 2011.

Ian came to GAPS in the search to find answers for his own health. After suffering many years of chronic fatigue and Irritable Bowel Syndrome, Ian found that GAPS was the only path that led to his recovery.

Ian's goal is to create community awareness through offering GAPS workshops to groups and individuals in New Zealand so that they too, can discover the answers to their own health problems.

Contact Details

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